

# GUIDE TO REMOVING PERSONAL PROTECTIVE EQUIPMENT

## Droplet & Contact Precautions

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### Gloves



- Use glove to glove, skin-to-skin technique.
- Outside of gloves are contaminated.
- Discard in garbage

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### Hand Hygiene

#### Perform hand hygiene.

Alcohol-based hand rub is preferred. Use soap and water if hands are visibly soiled.

2

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5

### Face/Eye Protection



- Handle only by headband or earpieces.
- Carefully pull away from the face.
- Place non-disposable goggles in designated area for disinfection & disposable items in waste receptacle.

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### Long-sleeved gown



- Carefully unfasten ties.
- Grasp the outside of the gown at the back by the shoulders and pull down over the arms.
- Turn the gown inside out during removal.
- Carefully fold into bundle. Do not rip off.
- Place disposable gowns in garbage or place non-disposable gowns in laundry hamper.

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### Mask OR N95 Respirator

- Handle only by the ties.
- Undo/remove bottom tie first, then top. Allow to fall away from face.
- **N95 respirator is removed outside of the patient room.**



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### Perform Hand Hygiene

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Exit Patient Room, remove N95 (if applicable) & perform Hand Hygiene again as needed