

COVID-19 vaccine information for Nova Scotians

You - or someone you know - may have questions about the COVID-19 vaccine and be looking for reliable information from sources you can trust.

You may be looking for tips on how to make the experience of getting the vaccine as comfortable as possible, especially if they, or a family member, is nervous about needles, or answers to common questions about the vaccine.

In Canada, there are a number of credible sources on the vaccine, including IWK Health, Nova Scotia Health Authority, Health Canada, Immunize Canada, and the Canadian Paediatric Society.

The provincial government's Coronavirus website also has lots of information about the COVID-19 vaccine, its safety, and links to information from the sources mentioned above.

Here are links to some of the resources available:

- **Experts answer commonly asked vaccine questions**

There are a number of videos on the Nova Scotia Government YouTube channel and social media accounts that answer and clarify common questions and concerns about the COVID-19 vaccine:

- **“Know the Facts. Get the Vax”** – this series of short videos features medical experts in public health, epidemiology, and immunology answering commonly asked questions about the vaccine: www.youtube.com/playlist?list=PLwLZ9YtgHtLBDGb3NNefO8ti1-3Ej2JzA.
- **Wanderers Q&A with Dr. Strang** – Dr. Strang answers questions about common vaccine misconceptions posed by a few members of the Halifax Wanderers soccer team: www.youtube.com/watch?v=T4IU5Sagt5w
- **COVID-19 Vaccine Myth Busters** – this series of short videos features Dalhousie medical students addressing myths about the vaccine: www.youtube.com/watch?v=AaiSUyw7IWE&list=PLwLZ9YtgHtLByJF5UhTu3hy9LAirVMoLi

- **Vaccine information, videos and social media graphics**

The Nova Scotia COVID-19 vaccine webpage has lots of information, including links to resources, information, and videos of what to expect at a vaccine clinic and how COVID-19 vaccines are developed, as well as social media graphics you can share if you want to: <https://novascotia.ca/coronavirus/vaccinate-ns/>

Links to information on this page include:

- Tips on managing needle fears from IWK Health and Nova Scotia Health Authority
- Tips for helping your child get ready for the vaccine from Nova Scotia Public Health, IWK Health and Nova Scotia Health Authority
- Frequently asked questions about the vaccine for teenagers and children from the Canadian Paediatric Society
- Information on side effects from Health Canada



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- **Videos testimonials featuring people who are getting the vaccine**

Videos featuring Nova Scotians who are getting the vaccine:

www.youtube.com/watch?v=VW-SRM795aQ&list=PLwLZ9YtgHtLB-sN6gEATlyS0A757APSY3.

A playlist of the videos with people from First Nations communities:

www.youtube.com/watch?v=pFbW8WnqDVc&list=PLwLZ9YtgHtLCfDqXvJVEkVOMuikhnzmQ3

A playlist of the videos with people from African Nova Scotian communities:

www.youtube.com/watch?v=Yzb4unvjHVo&list=PLwLZ9YtgHtLBB55_vGkwLDW0Fvg0xBZiM

A video with members of the Muslim community:

https://www.youtube.com/watch?v=1_eVgIQnwLE

- **Vaccine information in multiple languages**

Information about the vaccine and how to get it is available in 14 languages, including Arabic, English, French, Mikmaq, Simplified Chinese, Somali, Spanish, and more, at

www.novascotia.ca/coronavirus/resources/#vaccine.

- **How to book a vaccine appointment**

You can book an appointment at one of the community, pharmacy, primary care and drive-thru vaccine clinics throughout the province. You may also be able to go to a drop-in clinic without an appointment. To find out more and book an appointment, go to:

www.novascotia.ca/vaccination or call 1-833-797-7772.

- **Interpreters**

If you or someone you know needs service in a language other than English, interpreters are available when you call to book an appointment and, through a phone-based service, when getting your vaccine at a clinic.

- **Nova Scotia's vaccine plan**

Learn more about Nova Scotia's plan at www.novascotia.ca/vaccine-plan

Getting the vaccine, when it is your turn, is helping to protect family and community members. Be part of the way forward!



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